

# PORTUGAL

## *“Europe’s west coast”*

State Protocol: <https://www.portaldiplomatico.mne.gov.pt/en/foreign-policy/state-protocol>

### **Informazioni generali e amministrative:**

Scarica la guida Pdf gratis qui: <https://www.easyexpat.com/es/guides/portugal/lisboa/pdf.htm>

<https://en.wikipedia.org/wiki/Portugal>

<https://en.wikipedia.org/wiki/lisboa>

<https://www.lisboa.pt>

<https://expatsportugal.com/moving-to-portugal/>

<https://www.portugalist.com>

<https://beportugal.com/life-in-portugal/>

<https://www.worldtravelguide.net/guides/europe/portugal/>

### **Speciale donne expats (informazioni generali, salute, clubs di donne expats):**

<https://www.expatwoman.com/global/portugal>

### **SHOM locale (Spouses Head of Mission):**

NA

### **Diplomatic & business community**

<https://www.doingbusiness.org/content/dam/doingBusiness/country/p/portugal/PRT.pdf>

[http://www.infomercatiesteri.it/paese.php?id\\_paesi=83](http://www.infomercatiesteri.it/paese.php?id_paesi=83)

<https://www.dn.pt>

<https://www.jn.pt>

<https://www.theportugalnews.com>

<https://monocle.com/magazine/>

<https://thediplomat.com>

<http://www.diplomatmagazine.eu>

<https://www.monde-diplomatique.fr>

<https://www.politico.com>

<https://www.mondediplo.com>

### **Expats Italiani:**

Facebook, gruppo: Italiani in Portogallo

Italiani a Lisbona

<https://www.associazionepitalianialisbona.pt>

<http://www.italianialisbona.it>

<https://lisbona.italiani.it/francesinha-lisbona/>

### **Indicativi costo di vita, (economici, sociali, strutturali, criminalità):**

<https://www.mylifeelsewhere.com/compare/italy/portugal>

<https://www.numbeo.com/cost-of-living/in/Lisbon>

<https://nomadlist.com/lisbon>

<https://www.expatistan.com/cost-of-living/lisbon>

### **Relazioni sociali per expats, (eventi sociali e culturali, forum, relazioni lavorative):**

<https://www.internations.org/>

<https://www.meetup.com>

### **Scuole internazionali**

<https://www.international-schools-database.com/in/lisbon>

<https://www.expats.com/guides/portugal/education/international-schools-in-portugal.htm>

<https://www.ischooladvisor.com/blog/view/the-top-15-best-international-schools-lisbon>

<https://beportugal.com/international-schools-in-portugal/>

### **Lavoro e Lavoro in remoto:**

[https://www.glassdoor.it/Lavoro/portugal-english-speaking-lavori-SRCH\\_IL.0,8\\_IN195\\_KO9,25.htm?countryRedirect=true](https://www.glassdoor.it/Lavoro/portugal-english-speaking-lavori-SRCH_IL.0,8_IN195_KO9,25.htm?countryRedirect=true)

<https://www.learn4good.com/jobs/language/english/list/country/portugal/>

<https://beportugal.com/jobs-for-foreigners-in-portugal/>

<https://www.monster.co.uk/>

<https://remoteok.io>

<https://remote.co>

<https://weworkremotely.com>

## **Turismo**

<https://en.wikivoyage.org/wiki/portugal>

<https://en.wikivoyage.org/wiki/lisbon>

<https://www.lonelyplanet.com/portugal>

<https://www.visitportugal.com/en>

<https://turismo.org>

<https://www.visitlisboa.com/en>

<https://www.lisboa.es/actividades/guia-pdf/>

<https://www.lisboa.pt>

## **Vita Mondana (culturale e gastronomica):**

<https://theculturetrip.com/europe/portugal/lisbon/>

<https://www.timeout.com/lisbon>

<https://www.viralagenda.com/pt/lisboa>

<https://www.agendax.pt>

<https://www.culturamarua.pt/programacao/>

<https://www.bestguide.pt/lisboa/melhores-restaurantes-de-cozinha-portuguesa/>

<https://www.golisbon.com/food/>

## **Ambasciata d'Italia**

Largo Conde Pombeiro, 6 1150-100 Lisbona

Tel: 00351213515320

Fax: 00351213154926

e-mail: [ambasciata.lisbona@esteri.it](mailto:ambasciata.lisbona@esteri.it)

**Istituto Italiano di Cultura**

Indirizzo: Rua do Salitre, 146

1250-204 Lisboa

Tel: 00351 21 3884172 ,00351 21 3882458

Fax: 00351 21 3857117

[www.iiclisbona.esteri.it](http://www.iiclisbona.esteri.it)

E-mail: [iiclisbona@esteri.it](mailto:iiclisbona@esteri.it)

**Camera di Commercio Italiana per il Portogallo**

Av. Miguel Bombarda 83 B, R/C E

1050-162 Lisboa

Email: [info@ccitalia.pt](mailto:info@ccitalia.pt)

Tel: +351 21 7950263

Fax: +351 21 7931984