

# **BULGARIA**

## **“A Discovery to Share”**

**State Protocol:** <https://www.mfa.bg/en/topical-information/protocol-guide>

### **Informazioni generali e amministrative:**

Scarica la guida Pdf gratis qui: <https://www.easyexpat.com/en/guides/bulgaria/sofia/pdf.htm>

<https://en.wikipedia.org/wiki/bulgaria>

<https://en.wikipedia.org/wiki/sofia>

<https://eatstaylovebulgaria.com/how-to-survive-as-an-expat-in-bulgaria/>

<https://expatra.com/guides/bulgaria/living-in-bulgaria-expat-guide/>

<https://www.justlanded.com/english/Bulgaria>

### **Speciale donne expats (informazioni generali, scuole, salute, clubs di donne expats):**

<https://www.expatwoman.com/global/bulgaria>

### **SHOM locale (Spouses Head of Mission)**

NA

### **Diplomazia, media & business info:**

[http://www.infomercatiesteri.it/paese.php?id\\_paesi=62](http://www.infomercatiesteri.it/paese.php?id_paesi=62)

<https://www.doingbusiness.org/content/dam/doingBusiness/country/b/bulgaria/BGR.pdf>

<https://www.novinite.com/articles/category/20/Diplomacy>

<https://sofiaglobe.com>

<http://www.bta.bg/en>

<http://www.bulgariagazette.com>

<https://balkaninsight.com/2020/01/24/bulgaria-kept-russian-ambassador-in-dark-over-expelled-diplomats/>

<https://mondiplo.com>

<https://monocle.com/magazine/>

<https://thediplomat.com>

<http://www.diplomatmagazine.eu>

<https://www.monde-diplomatique.fr>

<https://www.politico.com>

### **Expats Italiani:**

Facebook, gruppo: Italiani a Sofia

### **Indicativi costo di vita, (economici, sociali, strutturali, criminalità):**

<https://www.mylifeelsewhere.com/compare/italy/bulgaria>

<https://www.numbeo.com/cost-of-living/in/Sofia>

<https://nomadlist.com/sofia>

<https://www.expatistan.com/cost-of-living/sofia>

### **Relazioni sociali per expats, (eventi sociali e culturali, forum, relazioni lavorative):**

<https://www.internations.org/sofia-expats>

<https://www.meetup.com>

### **Scuole internazionali**

<https://www.internationalschoolsearch.com/international-schools-in-bulgaria>

<https://www.expats.com/guides/bulgaria/education/international-schools-in-bulgaria.htm>

<https://www.inyourpocket.com/sofia/expat/Schools>

### **Lavoro e Lavoro in remoto:**

<https://www.balkaninvest.eu/en/jobs-search/expat-jobs-bulgaria/>

<https://www.europelanguagejobs.com/jobs-in-Bulgaria>

<https://www.learn4good.com/jobs/language/english/list/country/bulgaria/>

<https://www.monster.co.uk/>

<https://remoteok.io>

<https://remote.co>

<https://weworkremotely.com>

### **Turismo**

<https://en.wikivoyage.org/wiki/Bulgaria>

<https://en.wikivoyage.org/wiki/sofia>

<https://bulgariatravel.org/en>

<https://www.worldtravelguide.net/guides/europe/bulgaria/>

<https://www.inyourpocket.com/sofia/expat>

<https://www.lonelyplanet.com/bulgaria>

<https://www.visitsofia.bg/en/>

<https://bulgaria-infoguide.com>

### **Vita Mondana (culturale e gastronomica):**

<https://www.sofia.bg/web/sofia-municipality>

<https://programata.bg/?p=167&c=1&l=2><http://www.sofia-guide.com>

<http://www.sofia-guide.com>

<https://theculturetrip.com/europe/bulgaria/>

<https://bulgaria-infoguide.com>

### **Ambasciata d'Italia**

ul. Shipka, 2

1000 SOFIA

Tel: 00359-2-9217300

Fax: 00359-2-9803717

e-mail: [ambsofia@esteri.it](mailto:ambsofia@esteri.it)

[www.ambsofia.esteri.it](http://www.ambsofia.esteri.it)

### **Istituto Italiano di Cultura**

via Paris, 2B

1000 Sofia / Bulgaria

tel.: + 359 2 8170480

e-mail: [iicsofia@esteri.it](mailto:iicsofia@esteri.it)

### **Agenzia ICE**

Bul. Knyaghinya Maria Luisa, 2 Business Center Tzum 5° Piano

1000 , SOFIA

Tel: 003592/9861574

Tel: 003592/9861624

Tel: 003592/9861618

Fax: 003592/9817346

E-mail: [sofia@ice.it](mailto:sofia@ice.it)

### **Camera di Commercio Italiana**

Viale Knyaghinya Maria Luisa 2, Business center TZUM, 5 piano,

Sofia 1000, Bulgaria

+359 (2) 846 32 80/1

[info@camcomit.bg](mailto:info@camcomit.bg)

<http://camcomit.bg/>